

Dr. JHONNYSALOMON

Plastic Surgery & Med Spa



Freshen Up This this Fall

With the seasons changing....
It's time to re-focus to get yourself ready for the holidays!

In this issue, you will find details on:

- Top surgery combinations to make yourself look 10 years younger!
- Spotlight on procedures
- More on Dr. Salomon's éclat medical product line
- Details on what to expect at our Day of Beauty on Friday, September 20th

SAVE THE DATES

Fall Day of Beauty
Friday, September 20th

Spa Week
October 14th -20th

Special Promotions
4 One Hour Velashape
Sessions for \$1295
(value \$1895)

Facial & Microdermabrasion
for \$75 (value \$200)

Are the signs of aging written all over your face? Let us help you turn back the hands of time....

The beauty of one's eyes is often the first feature noticed when admiring the face. Considered the windows to the soul, the eyes are a means for expressing a mood whether they reflect joy, sorrow, anger or surprise. What about the eyelids? The lids above and below the eye are easy to overlook, however, they play a very important role in how the eyes come across. The eyelids are intended to protect the eye from environmental factors while accentuating the beauty of the eyes, however due to the thinness of the skin it is the first area to show early signs of aging.

Eyelid surgery, or blepharoplasty, is ideal for individuals seeking a rejuvenated appearance around the upper and lower eyelids. Loss of elasticity in the skin due to aging and a gradual decrease in gravity's pull causes skin to collect around the eyelid area resulting in a tired and aged appearance. Eyelid surgery targets the wrinkles, droopy skin and visible bulges around the eyes to reverse these signs of aging.

Upper eyelid surgery is incredibly effective in targeting fatty deposits as well as loosely folded sagging skin. This procedure addresses all angles of both minor and more severe cases. Similarly, lower eyelid surgery is able to



completely removed, resulting in a young, hydrated, and refreshed look.

The surgery itself is a selection of very small precise incisions, following a dose of local anesthetic. Droopy conditions are approached with a well-concealed incision in the eye's natural fold, which affords for easy removal of excess skin and tightening of the surrounding muscle tissue. Lower eyelid conditions are corrected with incisions either just below the lower lash-line or through a transconjunctival incision that is concealed within the lower lid. In the first instance, skin is removed easily, while the second case makes for an easy re-distribution and/or removal of excess fat.

The method in which eyelid incisions are closed does vary per procedure and placement, but typically call for the combined use of sutures, skin adhesives or surgical tape. Results appear almost immediately to reveal a smooth, ultra defined, refreshed and younger looking appearance. Most importantly, it is an incredibly natural-looking improvement. After your procedure is completed, lubricating ointment and cold compresses may be applied, and in some cases your eyes may be loosely covered with gauze.

Additionally, it is extremely typical, and often highly advised, to undergo an additional rejuvenation procedure such as an endoscopic brow lift. When performed in conjunction with eyelid surgery, this procedure, which is often called a forehead lift, is extremely effective in creating an overall look of youthful renewal.



The patient above underwent an endoscopic brow lift and lower blepharoplasty with Dr. Jhonny Salomon.

transform one's appearance. Puffy bags, as well as sagging skin and/or wrinkly, crepe-like folds can be improved dramatically by undergoing this procedure. In both cases, the puffiness and excess skin can be



The patient above is photographed one month following surgery with Dr. Jhonny Salomon.

Anyone bothered by the signs of aging, and the appearance of fine lines and wrinkles, will find this intricate procedure an integral one. A brow lift is able to both raise and/or reposition the brow to correct any “hooding” of the upper eyelid or a general tired-out look resulting from excessive skin drooping. Secondly, frown lines and any deep creases across the forehead or between the eyes are targeted and completely resurfaced to make for a natural, more alert look.

An endoscopic brow lift, (or endobrow) entails the use of a surgical video device and small, specialized lighted telescopes. These devices are placed through tiny incisions hidden within the hairline. This method is favorable to other such procedural tactics, such as a coronal lift, due to a greatly shortened recovery time.

Following the administration of a local anesthetic, via these small incisions, skin can be easily repositioned, altered or removed to erase all fine lines and furrows of the forehead and brow area. Thus, overall smoothness is completely enhanced. There is minimal downtime with this method, as well as decreased bruising and numbness of the scalp.

Similar to eyelid surgery, incisions from the brow lift are typically closed with sutures, skin adhesives, tape and/or clips. Elevation of the brow is maintained either with permanent sutures, small hidden screws or with an absorbable fixation device placed at the temples. Recovery time is minimal, while long-lasting results show themselves almost immediately.

As with any surgical procedure, it is important to discuss your expectations with your surgeon to ensure a satisfactory outcome. Dr. Jhonny Salomon is a master in his field, offering patients the highest level of service and care. Schedule your complimentary consultation at our Miami or New York office today to see if you are a candidate for eyelid or endoscopic brow lift surgeries.

Spotlight on Facelift



A facelift or “rhytidectomy” is a surgical procedure designed to improve the most visible signs of aging of the face and neck. Through a small incision placed along the hairline your surgeon is able to remove excess fat, tighten subcutaneous muscles of the face and remove sagging skin of the neck area. Fat may be sculpted or redistributed from the face, jowls and neck while underlying tissue is gently repositioned; commonly the deeper layers of the face and the muscles are also lifted.

A facelift is not intended to stop the aging process or change the fundamental appearance of one's face, but merely aids in setting the clock back by restoring one's natural youth. Dr. Salomon is a true artist and is particular about making sure the facelift procedure is completed with a natural result. Through small modifications, Dr. Salomon gives back years to his patients ensuring a refreshed appearance and not an overly done outcome. Most patients are able to return to work within two to three weeks.

As with all surgical procedures, it is important to discuss your expectations and all potential risks with your surgeon.

The patient to the left underwent Facelift, Quad Blepharoplasty, and Fat Grafting with Dr. Jhonny Salomon and is shown two months post surgery.



Developed by Dr. Jhonny Salomon, Éclat Medical is the most advanced skin care system available today. Its pharmaceutical grade ingredients are scientifically proven to support and stimulate healthy function of the skin by targeting uneven skin tone, hyper-pigmentation, age spots, fine lines and wrinkles, enlarged pores, acne, and environmental damage. Combining the best in prescription ingredients with powerful, all natural, botanical ingredients, Éclat is the best of both worlds!

éclat® PEEL

Bring back the brilliance of your skin. This advanced formula repairs from within to significantly improve skin discoloration, sun damage, acne, enlarged pores, fine lines and wrinkles, and uneven skin texture. Combined, TCA, Vitamin C, and Tretenoic Acid work synergistically to exfoliate the skin, accelerate the cell renewal process, and stimulate collagen synthesis. This revolutionary peel revitalizes skin and helps achieve a firmer, smoother, more radiant look.

CLARIFYING CLEANSER

While gently removing impurities, oil, and makeup, this mild gel-based cleanser prepares and conditions skin to optimize the penetration of the system and enhance your skin's clarity. Formulated with a soothing Aloe Vera base and scented with grapefruit essential oil, Éclat Clarifying Cleanser contains the antioxidant and calming powers of Green Tea, Azelaic Acid, Willow Bark, Sugarcane, and Lemon.

REJUVENATING SERUM

The rejuvenating serum represents the powerhouse of the Éclat product line. Combining ingredients like Glycolic Acid and Retinol, this one of a kind product diminishes the appearance of fine lines, wrinkles, and enlarged pores, infusing the skin with a younger look. The Rejuvenating Serum's unique formula provides for greater penetration to rejuvenate and enrich skin not only on the surface level, but on the cellular level as well. There are 3 different types of rejuvenating serums. Depending on your skin type and specifics, one will be chosen to best suit you.

TRETINOIN .1%

This prescription chemical exfoliant is used to treat environmental damage, reduce the appearance of fine lines, wrinkles, and enlarged pores, and slow the aging process. Tretinoin works by accelerating cell turnover which, in turn,

rids your the skin of unwanted dead skin cells, revealing new healthy skin for a firmer, more even-toned, radiant look. As if Tretinoin alone was not already perfect, Éclat has taken it and infused into it Vitamin E and Vitamin C to soothe and further enrich the skin. Éclat Tretinoin is to be used in conjunction with the Rejuvenating Serum.

VITAMIN C GEL 20%

The Vitamin C Gel is a revolutionary antioxidant combination that delivers ultimate protection against free radicals, helps to rebuild collagen, and provides free radicals, helps to rebuild collagen and provides peerless antioxidant protection against photo-aging. This product corrects existing damage by stimulating essential proteins in the skin while aiding in cell turnover. Éclat Vitamin C Gel prevents future damage by arming your skin with powerful antioxidants and enzymes to combat threatening factors. The results are unparalleled: on the inside, a strengthened and healthy skin structure with improved defense against environmental damage, while on the outside a brighter, tighter, and more brilliant appearance for a look that years younger.

ILLUMINATING CREAM

The Illuminating Cream's advanced corrective formula directly targets hyper-pigmentation, age spots, unwanted freckles, and scars at the skin's surface and intracellular level. Combining Hydroquinone, a prescription strength ingredient deemed as the best topical constituent in reducing melanin production, with the scientifically proven lightening powers of natural Kojic Acid, Azelaic Acid, and Licorice Root, this silky cream helps to visibly diminish the appearance of the skin's damage while penetrating beneath the skin's dermal layer to cease and prevent melanosome activity.





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Freshen up this Fall!

Join us for our Day of Beauty
on Friday, September 20th

Receive up to \$300 off your
Botox and Filler combination

Add a microdermabrasion
treatment for just \$50

Also, get 1ml of Restylane
with the purchase of 2mls

Buy 2 Latisse and get 1 FREE!

Get \$100 off the éclat peel &
10% off all product purchases

Brilliant
DISTINCTIONS®
PROGRAM

Call us at [305.270.1361](tel:305.270.1361) to schedule your
appointment and ask for more
information on how you can receive
additional discounts through Allergan's
Brilliant Distinctions Program!