

Dr. JHONNY SALOMON

Plastic Surgery & Med Spa



DR. JHONNY SALOMON SPRING 2013

Illuminate this Spring

As the seasons change...

It's also time to modify your beauty regimen!

In this issue, you will find details on:

- The most natural treatment for rejuvenating your face and body
- How lasers can turn back the hands of time
- Spotlight on procedures
- More on Dr. Salomon's éclat medical product line

Save the dates:

April 15th - 23rd

Spring Spa Week!

Dr. Jhonny Salomon

Plastic Surgery & Med

Spa will offer treatments
at just \$50!

New Office Hours

Beginning this month,
our Med Spa will be
open until 8pm every
Wednesday.

Fat Grafting: the most natural and effective way to rejuvenate your face and body....

Fat grafting, a technique that takes living fat grafts harvested from a patient's abdominal, hip or thigh area and re-implants it with a blunt needle where needed, is continually proving to be one of the most effective procedures in hand and facial rejuvenation. This relatively short procedure, typically performed in conjunction with others, such as facelifts and other comprehensive enhancement treatments, has gained increased credibility and popularity as it provides improvements and benefits not otherwise found with these treatments alone.

Notably, another key benefit of fat grafting as a filler is its permanence. Whereas other less invasive procedures such as acid peels temporarily produce restorative effects, this method of fat re-implantation provides desired, long-lasting plumping effects. And, unlike other injectables or fillers, the tissue used is a patient's own, so there is no risk that the body will reject it and being that the tissue is typically softer than other cosmetic fillers, results appear far more natural than they would should a patient opt for other injectables.

Often, patients opt to have both their face and hands grafted in tandem to reap the full benefits of this regenerative look; skin quality decreases with age and the appearance of one's hands, being that skin is thinner, gives this away before even the face does. With fat grafting, long-term skin thickening and enhancement and rejuvenation is provided to both of these areas with long lasting, natural-looking effects and overall improvement of both quality and appearance.



While fat grafting has been used with relative consistency in facial augmentation for about ten years, techniques have vastly improved and it is now lauded as the most effective filler both for the face and hands as well. There is little to no swelling or bruising after-effects and due to small incisions at the injection site, patients will be back on their feet and back to work in as little as one to two weeks.

Fat grafting has proven not only to be safe, but long lasting, and the plumping and smoothing effects it provides look impeccably natural. Its benefits go far beyond volume-enhancement of the grafted region however, as it can be linked to vast improvement of overall quality and appearance of the overlying skin. The addition of fat-based stem cells have restorative elements that improve wrinkles, pores, sun damage and over-all color and texture, rejuvenating these areas and enlivening them. The properties of these stem cells improve tissue function, blood supply and may even reverse scarring, all imperative to overall skin restoration.

Dr. Salomon used fat grafting to fill the lines in the nasiolabial fold, cheeks and marionette lines for the patient below. The procedure was done under local anesthesia in approximately one hour and the patient was able to go back to work the following day.



Despite how young you look and feel... the aging on your hands tells a different story...

Despite attempts to preserve ones youth, many of us forget that our hands are not only susceptible to the first signs of aging, but very often age faster than the face due to sun damage and loss of collagen to already thin skin. The result over time is a wrinkly, spotty, and veiny appearance- a clear label of our true years. We often focus so much on restoring the face that many of us forget about our telltale aging hands when considering anti-aging treatments. At Dr. Jhonny Salomon Plastic Surgery & Med Spa, we offer anti-aging treatments to create balance all around.

Laser skin rejuvenation is one of the most exciting cosmetic procedures available and has become the procedure of choice for the treatment of aging hands. Over time, hands show signs of aging through the development of sunspots, reduction of elasticity and development of wrinkles. At Dr. Jhonny Salomon's Plastic Surgery and MedSpa we use three state of the art lasers to improve these signs of aging with little to no downtime.

Medlite is the gold standard in the removal of pigment whether it is from a tattoo or hyper-pigmentation caused from excess sun exposure. Following treatments with the Medlite laser, patients will notice a temporary increased darkening of the brown spots. This will last approximately one week. Once these darkened spots peel, the brown spots will be removed as well. Drastic improvement is shown in just one treatment.

Fraxel: If elasticity is your main concern, then our Fraxel Re:Store laser is the best option for you. This laser will improve the spots on your hands while stimulating the production of collagen and elastin in the hands leaving fuller more resilient skin. Several sessions may be recommended for optimal results.



IPL: This laser treatment is recommended for patients with both brown and red discoloration. For best results, several sessions may be required.

These laser treatments can be done individually or simultaneously and are often done in combination with other rejuvenating procedures. In many cases Dr. Salomon does recommend treatments such as Fat Grafting or dermal fillers such as Radiesse, Juvederm, or Restylane to aid with volume restoration. At Dr. Jhonny Salomon Plastic Surgery & Med Spa, overall wellness and rejuvenation is our main focus. Schedule your complimentary consultation today to see if you are a candidate for laser skin rejuvenation.

THE BODY SHAPING PACKAGE / \$2,170

Package includes **four VelaShape™** treatments, **four reductive massages**, and one **GliSODin Skin Nutrients** Body Contouring Kit, featuring one Advanced Detoxification Formula, three Advanced Slimming Formulas, and one shaker bottle.

Total savings
\$615



For best results, start the GliSODin Skin Nutrients Advanced Detoxification Formula 15 days prior to your first treatment. Once completed, immediately begin taking the Advanced Slimming Formula, and continue for three months.

The Body Contouring Kit provides a safe, effective way to achieve and maintain your weight-loss goals.

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Spotlight on Facelift

A facelift or “rhytidectomy” is intended to reverse the signs of aging through the removal of excess skin and fat. Over time, the fat deposits under the skin tend to shift while the skin of the neck and jowls begins to sag. Dr. Jhonny Salomon is a master in craniofacial and aesthetic procedures and is very meticulous to make sure the results are natural and similar to a look his patient had many years before. As with all procedures, the facelift is a highly customized surgery as no two patients are alike. Dr. Salomon can tighten the skin and muscles to virtually shed 10-15 years off your appearance through the facelift procedure by utilizing a new technique called the SMAS (Sub muscular Aponeurotic System) which lifts the jowls, neck, and elevates the cheeks.

The patient to the left is shown one month after receiving a facelift, quadruple blepharoplasty, fat grafting to the cheeks and nasolabial folds, and CO2 lasering to the face by Dr. Jhonny Salomon.

Illuminate with éclat Medical

After many years of extensive research, Dr. Jhonny Salomon Plastic Surgery and Med Spa announced the arrival of the long-awaited Éclat Product Line. The most advanced skin care system available, its pharmaceutical grade ingredients are scientifically proven to support and stimulate healthy function of the skin. Éclat targets uneven skin tone, hyper-pigmentation, age spots, fine lines and wrinkles, enlarged pores, acne, and environmental damage. Combining the best in prescription ingredients with powerful, all natural, botanical ingredients, Éclat is the best of both worlds!

éclat® PEEL

Bring back the brilliance of your skin. This advanced formula repairs from within to significantly improve skin discoloration, sun damage, acne, enlarged pores, fine lines and wrinkles, and uneven skin texture. Combined, TCA, Vitamin C, and Tretenoic Acid work synergistically to exfoliate the skin, accelerate the cell renewal process, and stimulate collagen synthesis. This revolutionary peel revitalizes skin and helps achieve a firmer, smoother, more radiant look.

CLARIFYING CLEANSER

While gently removing impurities, oil, and makeup, this mild gel-based cleanser prepares and conditions skin to optimize the penetration of the system and enhance your skin's clarity. Formulated with a soothing Aloe Vera base and scented with grapefruit essential oil, Éclat Clarifying Cleanser contains the antioxidant and calming powers of Green Tea, Azelaic Acid, Willow Bark, Sugarcane, and Lemon.

REJUVENATING SERUM

The rejuvenating serum represents the powerhouse of the Éclat product line. Combining ingredients like Glycolic Acid and Retinol, this one of a kind product diminishes the appearance of fine lines, wrinkles, and enlarged pores, infusing the skin with a younger look. The Rejuvenating Serum's unique formula provides for greater penetration to rejuvenate and enrich skin not only on the surface level, but on the cellular level as well. There are 3 different types of rejuvenating serums. Depending on your skin type and specifics, one will be chosen to best suit you.

TRETINOIN .1%

This prescription chemical exfoliant is used to treat environmental damage, reduce the appearance of fine lines, wrinkles, and enlarged pores, and slow the aging process. Tretinoin works by accelerating cell turnover which, in turn, rids your the skin of unwanted dead skin cells, revealing new healthy skin for a firmer, more even-toned, radiant look. As if Tretinoin alone was not already



perfect, Éclat has taken it and infused into it Vitamin E and Vitamin C to soothe and further enrich the skin. Éclat Tretinoin is to be used in conjunction with the Rejuvenating Serum.

VITAMIN C GEL 20%

The Vitamin C Gel is a revolutionary antioxidant combination that delivers ultimate protection against free radicals, helps to rebuild collagen, and provides free radicals, helps to rebuild collagen and provides peerless antioxidant protection against photo-aging. This product corrects existing damage by stimulating essential proteins in the skin while aiding in cell turnover. Éclat Vitamin C Gel prevents future damage by arming your skin with powerful antioxidants and enzymes to combat threatening factors. The results are unparalleled: on the inside, a strengthened and healthy skin structure with improved defense against environmental damage, while on the outside a brighter, tighter, and more brilliant appearance for a look that years younger.

ILLUMINATING CREAM

The Illuminating Cream's advanced corrective formula directly targets hyper-pigmentation, age spots, unwanted freckles, and scars at the skin's surface and intracellular level. Combining Hydroquinone, a prescription strength ingredient deemed as the best topical constituent in reducing melanin production, with the scientifically proven lightening powers of natural Kojic Acid, Azelaic Acid, and Licorice Root, this silky cream helps to visibly diminish the appearance of the skin's damage while penetrating beneath the skin's dermal layer to cease and prevent melanosome activity.