

Dr. JHONNY SALOMON

Plastic Surgery & Med Spa



RADIATE this FALL

Fall is here!

With the kids going back to school and the holidays just around the corner, it's time to focus on making yourself radiate!

In this issue, you will find:

- How lasers can treat and reduce stretch marks
- The latest advancement in body slimming and tightening procedures...QuickSlim Lipo!
- A non invasive approach to tightening facial skin
- Spotlight on procedures
- More on Dr. Salomon's éclat Medical® product line

Save the dates:

September 21st:

Dr. Salomon's Day of Beauty...schedule your Botox and filler in combination and receive up to \$300 off and more! Stay tuned...

October 15th - 21st:

- Enjoy select \$50 treatments for Spa Week

Is that flawless skin scarred from growing pains?

The answer to stretch marks is here...and the best part is, it can be achieved with little to no downtime!

Laser treatments are gaining increased popularity as they offer patients superior results with little to no downtime. Fraxel re:store is one of the leading laser treatments at Dr. Jhonny Salomon's Plastic Surgery and Med Spa as it is used to treat a variety of skin conditions including



hyper-pigmentation, reduction of pores, wrinkles and acne scarring. Over time, Dr. Salomon has expanded the treatment range of Fraxel re:store to also include the successful healing and reduction of stretch marks.

Many of us are plagued with these stubborn scars and have accepted them as a part of our bodies. Very few people realize these can in fact be treated and improved. In order to understand the best way to treat and improve stretch marks, one

must fully understand what they are and what exactly causes them.

Stretch marks, or striae are often the result of the rapid stretching of the skin associated with growth and weight fluctuations. They may also be influenced by hormonal changes associated with puberty, pregnancy, muscle building and hormone replacement therapy. Stretch marks occur in the dermis, the resilient middle layer of skin that helps the skin retain its shape and elasticity. At first, they appear as reddish or purple lines and gradually fade to a lighter color appearing empty and soft to the touch.

With Fraxel re:store, we can reverse some of the damage that has caused these lines to develop on our skin. The Fraxel re:store laser is a fractional laser which penetrates the top layers of skin causing very small wounds down into the dermis. This causes our body to go into a form of healing mode. When our skin goes into healing mode, it begins to generate greater production of collagen and elastin, both of which are the very things that were lacking at the time the skin began to stretch. This newly formed collagen and elastin fill in the soft areas of the stretch marks and causes them to feel and look firmer, similar to the rest of our skin.

The other added benefit to this procedure is the exfoliation gained as the tiny wounds created shed their scabs. This causes skin to look and feel smoother while achieving a more even color. Fraxel re:store combined with two prescription creams used as a home care regimen has given some of our patients up to 80% improvement with the treatment of stretch marks.

Call to schedule your complimentary consultation today with Mari Salazar, PA-C and begin your journey to re:storing your skin's integrity and health.

The secret is out!

We've got the latest in non-invasive, body slimming and tightening procedures for you!

At Dr. Salomon's Plastic Surgery and Med Spa we are always looking to bring our patients the newest and most effective treatments. As a patient, you can trust that we are always a step ahead of the competition, making sure you're always receiving the best! This fall we'd like to present to you the newest non-invasive, body slimming and skin tightening procedure, QuickSlim Lipo. This new red light technology is used to remove fat and reduce inches without any needles or incisions, and better yet no recovery time. Because red light therapy operates at the cellular level, it does not generate heat as part of its action mechanism but is instead an extremely complex, cascading photochemical mechanism. The modulated red light "tricks" the mitochondria in the nucleus of the fat cell to create a transitory pore in the cell membrane. This allows the fatty acids and triglycerides to escape into the interstitial space. The liberated fat contents are then drained by the lymphatic system and processed by the liver as part of the body's normal course of detoxification. The pore in the fat cell will close in about 48-72 hours and the liberated contents will be expelled in the clients stool over the next few days.

Treatments begin at \$500 per session and are typically provided in packages of six, with up to 2 QuickSlim Lipo treatments weekly. To further optimize results, we have designed a detoxification program that ensures that your body is given every chance to process the fat. During your initial consultation you will meet with our technician who will discuss your desired goals in order to identify which treatment is best for you. Following this consultation, a customized treatment plan will be tailored based

What to expect...

At your first appointment:

- Measurements will be taken and recorded.
- "Before" photos are taken
- You will be asked to remove any clothing in the treating areas, as the light is not effective through clothing.
- The certified technician will position and direct the light at the target areas.
- QuickSlim Lipo treatments are 8 minutes per area and up to six areas may be treated within the hour session.
- We recommend that you leave after each treatment wearing your compression garments as you will be required to wear this throughout the day until the week following your last treatment.

At each subsequent treatment our staff will go over your progress and provide you with tips on how you have ensure adherence to the program.

At the one-week follow-up:

- Post-procedure measurements are taken and recorded.
- "after" photos are taken.



How to maximize your results?

Supplements: Certain nutritional supplements aid in the natural detoxification process. We will recommend a regimen for you at your first session.

Hydration and Diet: This is key to optimal cellular function and critical to the success of this procedure.

Lymphatic stimulation: The fatty material released by the fat cells will be processed by the lymphatic system. It is therefore critically important to help promote lymphatic system mobilization. You will be given instructions regarding how to stimulate your lymphatic system.

Compression: Wearing a compression garment will also help the lymphatic system process the liberated fat and reshape the body.

Come in for your complimentary consultation to create a program specifically designed for you!

Fine tune your face...with Thermage CPT!

After years of laughing, smiling, frowning brows or lighting up in surprise, the skin on your face begins to really show the signs of aging. In addition, since your face is the area of your skin mostly exposed to the elements and environmental factors like sun damage, your skin not only loses elasticity but also loses that radiant glow it once had. Over time your skin is left looking saggy and lined with wrinkles. If you're not a candidate for a facelift and are looking to reverse the signs of aging just a bit longer, Thermage is the solution for you. Thermage is a proven, unique radio frequency treatment that can help tighten sagging or loose skin, naturally giving you a dramatically smoother, sleeker and younger look and feel.

Thermage CPT is the only non-invasive procedure that helps tighten and contour your skin in a single treatment—with no surgery and little to no down time. Thermage CPT uses a unique radio frequency technology to safely heat the dermis and subcutaneous layers of your skin. At the same time it also cools the epidermis, which keeps the surface of your skin safe during the procedure. This is the key to no recovery time following a Thermage treatment. By heating the deep layers of your skin, your body's natural renewal process is stimulated to tighten existing collagen while causing new collagen to develop. Over time sagging skin is replaced by smoother, tighter skin with an overall improvement in tone and texture. In many occasions Dr. Salomon performs Thermage in combination with Botox and the use of fillers such as Restylane and Radiesse. While Thermage tightens and rejuvenates the overall collagen levels in ones skin, Botox and fillers are used to enhance the areas around the eyes and fill the deep marionette lines around the mouth. Thermage CPT can be performed on the face, eyes, and body to give you an overall younger & more radiant look. Not everyone is a candidate for Thermage CPT, schedule your complimentary consultation to see to see if it's the right treatment for you.



Spotlight on Facelift

A facelift or "rhytidectomy" is a surgical procedure designed to improve the most visible signs of the aging process by eliminating excess fat, tightening the muscles beneath the skin of the neck, and removing sagging skin. It doesn't stop the aging process but merely "sets the clock back ". In the current procedures of tightening the submuscular aponeurotic system, the jowls are lifted, the neck is tightened, and the cheeks are elevated. This "deep" or "2-layer" facelift is an improvement over earlier skin-only techniques.

A facelift is not designed to change the fundamental appearance of ones face, it merely assists in turning back the clock. Dr. Salomon is very particular about making sure the facelift procedure is done with a natural outcome, taking the patient back to how they looked years before and never looking over done. Most patients are able to return to work in two to three weeks. As with all surgical procedures, you should discuss all potential risks and benefits with your surgeon.

The patient to the left, pictured 2 weeks post surgery, underwent a facelift, surgery of the lower eyelids, CO2 peel and fat transfer to the cheeks and nasal labial fold with Dr. Jhonny Salomon.

After many years of extensive research, Dr. Jhonny Salomon Plastic Surgery and Med Spa announced the arrival of the long-awaited éclat medical® peel and product line. The most advanced skin care system available, its pharmaceutical grade ingredients are scientifically proven to support and stimulate healthy function of the skin. éclat® targets uneven skin tone, hyper-pigmentation, age spots, fine lines and wrinkles, enlarged pores, acne, and environmental damage. Combining the best in prescription ingredients with powerful, all natural, botanical ingredients, éclat® is the best of both worlds!

éclat® PEEL

Bring back the brilliance of your skin. This advanced formula repairs from within to significantly improve skin discoloration, sun damage, acne, enlarged pores, fine lines and wrinkles, and uneven skin texture. Combined, TCA, Vitamin C, and Tretenoic Acid work synergistically to exfoliate the skin, accelerate the cell renewal process, and stimulate collagen synthesis. This revolutionary peel revitalizes skin and helps achieve a firmer, smoother, more radiant look.

CLARIFYING CLEANSER

While gently removing impurities, oil, and makeup, this mild gel-based cleanser prepares and conditions skin to optimize the penetration of the system and enhance your skin's clarity. Formulated with a soothing Aloe Vera base and scented with grapefruit essential oil, éclat® Clarifying Cleanser contains the antioxidant and calming powers of Green Tea, Azelaic Acid, Willow Bark, Sugarcane, and Lemon.

REJUVENATING SERUM

The rejuvenating serum represents the powerhouse of the éclat® product line. Combining ingredients like Glycolic Acid and Retinol, this one of a kind product diminishes the appearance of fine lines, wrinkles, and enlarged pores, infusing the skin with a younger look. The Rejuvenating Serum's unique formula provides for greater penetration to rejuvenate and enrich skin not only on the surface level, but on the cellular level as well. There are 3 different types of rejuvenating serums. Depending on your skin type and specifics, one will be chosen to best suit you.

TRETINOIN .1%

This prescription chemical exfoliant is used to treat environmental damage, reduce the appearance of fine lines, wrinkles, and enlarged pores, and slow the aging



process. Tretinoin works by accelerating cell turnover which, in turn, rids your the skin of unwanted dead skin cells, revealing new healthy skin for a firmer, more even-toned, radiant look. As if Tretinoin alone was not already perfect, éclat® has taken it and infused into it Vitamin E and Vitamin C to soothe and further enrich the skin. éclat® Tretinoin is to be used in conjunction with the Rejuvenating Serum.

VITAMIN C GEL 20%

The Vitamin C Gel is a revolutionary antioxidant combination that delivers ultimate protection against, free radicals, helps to rebuild collagen and provides peerless antioxidant protection against photo-aging. This product corrects existing damage by stimulating essential proteins in the skin while aiding in cell turnover. éclat Vitamin C Gel prevents future damage by arming your skin with powerful antioxidants and enzymes to combat threatening factors. The results are unparalleled: on the inside, a strengthened and healthy skin structure with improved defense against environmental damage, while on the outside a brighter, tighter, and more brilliant appearance for a look that is years younger.

ILLUMINATING CREAM

The Illuminating Cream's advanced corrective formula directly targets hyper-pigmentation, age spots, unwanted freckles, and scars at the skin's surface and intracellular level. Combining Hydroquinone, a prescription strength ingredient deemed as the best topical constituent in reducing melanin production, with the scientifically proven lightening powers of natural Kojic Acid, Azelaic Acid, and Licorice Root, this silky cream helps to visibly diminish the appearance of the skin's damage while penetrating beneath the skin's dermal layer to cease and prevent melanosome activity.

For more information visit www.eclatmedical.com