

Dr JHONNY SALOMON

Plastic Surgery & Med Spa

Spring 2010

Brighten Your Tomorrow... *today!*

One-day therapy plan

At Dr. Salomon's, we understand that our patients lead full and demanding lives, with schedules and time restraints to match! As part of our commitment to your overall health, we're always happy to help you find ways to deal with stress management and the pressures of modern life. This is one reason why we can combine multiple treatments into one efficient visit.

If you have fine lines on your face, or wrinkles, or if your skin appears dull and tired, we can offer a one-day program of non-surgical facial rejuvenation that can make a remarkable difference to your appearance and your sense of wellbeing. Here are some of the techniques we use in our one-day therapy plan.

- Light Chemical Peels - Smooths the texture of the facial skin by removing its damaged outer layers, and is particularly useful for patients with facial blemishes, wrinkles, and uneven skin pigmentation.
- Botox® Cosmetic - Fill in and smooth out wrinkles between the eyebrows, on your forehead and around your smile.
- Fillers - Smooth out the areas around your nose and mouth, as well as augment the lips.
- Intense Pulsed Light Laser (IPL) - Removes redness and sun damage.

You can have brighter, clearer, and younger-looking skin in *just one day*. Please call us today to arrange your personal consultation.

A DAY OF *Beauty*
February 9th, 2010
RECEIVE UP TO
\$300 OFF

Botox or Dysport in combination with filler
PLUS receive a Complimentary Skin Analysis

Call for an
appointment!

Thank you for all your referrals. We appreciate them!

A FRIENDLY NEW FACE...

We'd like to offer an introduction



Mari Salazar, PA

As you likely know by now, we pride ourselves on maintaining a dedicated team that focuses on professionalism and patient comfort. Whenever we acquire a new addition to our office, we choose them very carefully and immediately want to introduce them to you. This allows you, not only to get to know them, but also to have confidence in their skilled ability to provide quality care. So we'd now like to introduce you to the newest member of our practice, *Mari Salazar*.

Mari is a National Board Certified Physician Assistant, as well as an aesthetic specialist. Her extensive education consists of an Undergraduate Degree in Biological Sciences, a Master's Degree in Clinical Medical Science/Physician Assistant Studies, and training in Clinical Dermatology, Aesthetic Medicine, and Wound Care. She has also been taught a wide variety of cosmetic enhancements, including: laser treatment of veins, redness, and hyperpigmentation, Laser Hair Reduction, IPL/Photofacials, *Fraxel*®, Laser Tattoo Removal, Sclerotherapy, Clinical Dermatology, Wound Care Management, and General Skin Care Services and Product Knowledge for Acne and Anti-Aging, among other treatments. Mari's skill in non-ablative techniques, not removing the skin, is an excellent complement to the work of Dr. Salomon and provides options to patients who are seeking non-surgical procedures.

Mari's vast knowledge, skills, and great attitude make her a welcome addition to our office. We hope you will enjoy getting to know Mari better in the future.

Show Your Legs Again

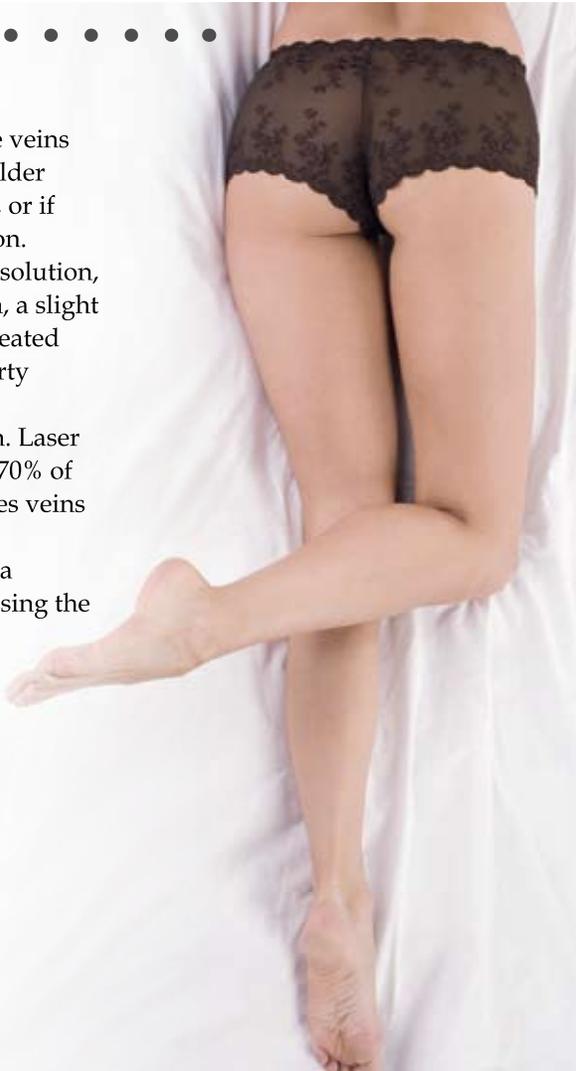
Why put up with unsightly veins?

Choose the latest styles without worrying that your unsightly spider or varicose veins will ruin the effect you're after. Free yourself from aching legs that make you feel older than you really are. If you are concerned about how spider veins make you appear, or if you suffer from bulging or painful varicose veins, we can offer you a simple solution.

A treatment called *sclerotherapy* can help in returning your self-confidence. This solution, when injected, causes the veins to close up and gradually disappear. After injection, a slight warming sensation may be experienced and then slight pressure is placed on the treated area. The procedure may consist of multiple treatments over a span of twenty to forty minutes each, and complete results vary from two weeks to two months.

With today's advancing technologies, you are seldom limited to only one option. Laser treatment provides a safe and non-surgical alternative. In this method, as many as 70% of individuals experience dramatic results after the first treatment, although sometimes veins can reappear and additional treatments are required.

If you think you could benefit from either of these procedures, please see us for a consultation. We can help you examine any areas of concern and assist you in choosing the best method of treatment.



DrJHONNYSALOMON
Plastic Surgery & Med Spa

The Med Spa has a holistic approach with Nutrition and Acupuncture. Patients also enjoy massage services, *VelaShape*™, Aesthetician treatments and the best in hair and cosmetic lasers.

Ingestible Skin Care?

A natural supplement to beauty regime

At Dr. Salomon's office, we not only provide you with quality services while you are in our practice ...but also offer a variety of carefully selected products that can be used at home to enhance your cosmetic procedures. One such line of products we are happy to provide is *GliSODin*® *Skin Nutrients*, and we'd like to tell you more about these products and what they can do for you.

GliSODin's products are specially formulated with powerful antioxidants and health promoting compounds found in naturally occurring foods. Developed by dermatologists and nutritionists, these products are made from quality ingredients and are rich in superoxide dismutase (SOD), which increases your natural antioxidant system, boosts immunity, and reduces accelerated aging process.

Advanced Daily Formula - promotes hydration, elasticity, structural integrity, and slows accelerated aging. You will see smoother, softer, more toned skin.

Advanced Skin Brightening Formula - achieve a more even skin tone while protecting the skin from damage due to exposure to UV rays. This product is an excellent complement to facial cosmetic treatments that are used to reduce skin discolorations, and can support their healing process.

Advanced Detoxification Formula - cleanse and rejuvenate the skin, liver, kidneys, and intestines for improved health and well-being.

Advanced Pre/Post Formula - the two phases of this product are designed to complement cosmetic procedures. Phase One is used for non-invasive procedures, whereas a combination of Phase One and Two can be used in conjunction with invasive surgical procedures - assisting in reduced recovery time.

You can have beautiful skin - from the inside. Ask us about *GliSODin* Skin Nutrients.

Anti-Aging Options

Treatment for your body - inside and out

Aging doesn't always happen gracefully. As time passes our bodies give away the secret of how old we really are. But, that doesn't have to be the case. With the help of Dr. Vazquez, we're happy to offer a variety of treatments that will help you look and feel younger. We provide:

Bio-identical Hormone Therapy - replaces the hormones that your body has stopped producing. Uses exact replicas of the hormones your body used to produce - helping your body function at its best.

Mesotherapy for the dissolving of fat - gets rid of stubborn fat deposits. This targeted fat destruction requires no surgery, minimal downtime, no need for anesthesia, and is low risk. It is great for saddlebags, love handles, upper arms, and fatty chins or cheeks.

Mesotherapy for hair regrowth - involves a series of virtually painless injections that administer vitamins, minerals, and dehydrotestosterone (DHT) blockers - stimulating hair follicles and increasing blood circulation to the scalp. This solution aids in hair re-growth and reversing male pattern baldness.

Nutritional Supplementation - help restore your body to a more youthful feeling. Replenish lost vitamins, minerals, and other components your body may be lacking.

It's important to look *and* feel young ... it builds self esteem and can encourage a longer, healthier, happier life. Call to schedule your consultation with Dr. Vazquez.

 GliSODin
Skin Nutrients



Hold Your Head High

Because confidence is all about you

Are you having trouble breathing properly? Have you experienced severe trauma to your face? Do you just want to change the way your nose looks? We can help improve the appearance of your nose, creating the facial harmony that you desire. And you can be assured that your results will always be natural looking.

Nose surgery, commonly referred to as *rhinoplasty*, is a six-step process that can change...

- the overall size of your nose;
- the bridge width of the nose;
- your nose's profile;
- the shape of the tip of your nose;
- the size of your nostrils;
- and create an overall symmetry.

If any facial features are a concern for you, we would be happy to schedule a consultation and review your enhancement options. We strongly believe that each patient should be fully educated and confident in the procedure they are considering before having it completed.

Rhinoplasty should only be considered if...

- you are 15 years of age or older;
- you are healthy;
- you have realistic goals in mind.

And remember, we are always here to support you, your decisions, and your needs.



DrJHONNYSALOMON
Plastic Surgery & Med Spa

6705 Red Road
Suite 708
Coral Gables, FL 33143-3652

Office Hours

Monday 9:00 am – 5:00 pm
Tuesday 9:00 am – 5:00 pm
Wednesday 9:00 am – 5:00 pm
Thursday 9:00 am – 5:00 pm
Friday 9:00 am – 5:00 pm
Saturday 9:00 am – 3:00 pm

Contact Information

Office (305) 270-1361
Email info@drjsalomon.com

PROCEDURES:

- Facelift
- Eyelid Surgery
- Nose Surgery
- Liposuction
- Tummy Tuck
- Breast
 - Augmentation
 - Lift
 - Reduction
 - Reconstruction
- Ear Reconstruction

MED SPA:

- Laser Treatments
- Laser Resurfacing
- Fraxel Re:Store™
- Thermage™
- IPL
- Gentle YAG
- GentleLase®
- Botox® and Fillers
- Botox® Cosmetic
- Radiesse®
- Restylane™
- Perlane™
- Juvéderm®
- Body Treatments
- VelaShape™
- Body Thermage™
- Sclerotherapy
- Body Rituals
- Acupuncture
- Wellness
- Skin Care
- Facial Treatments
- Obagi™
- Peels
- Diamondtome®
Microdermabrasion
- La Roche Posay®
Dermaplaning

www.drjsalomon.com