

DrJHONNY SALOMON

Plastic Surgery & Med Spa



To my Dear Patients,

The last few weeks have certainly tested our resilience, but it has also brought us closer together as a community. As many of us have embraced the simple pleasures of being given the opportunity to pause, reflect, and appreciate the time we have had with our loved ones, some of us also struggled with the daily uncertainty of this new normal. Throughout the last few weeks, we have taken the necessary steps to ensure that our practice is organized in the best way possible to protect our patients and staff from the spread of COVID-19. This being said, we are pleased to announce that our doors will be re-opening on **Monday, May 4th**. My team and I are here for you and look forward to welcoming you back to our practice very soon.

WE ARE HERE FOR YOU

While our doors will be re-opening on Monday, May 4th, we will only be allowing a limited amount of patients into the practice at any given time.

No more than one person will be allowed in the waiting room to maintain social distancing guidelines and all of our staff will be wearing masks.

Additionally, we will be gradually opening up the various departments and hope to have all services accessible within a few weeks.



DO YOUR PART

To ensure the safety and well being of our staff and patients, we ask that you wear a mask at all times and please adhere to social distancing guidelines outlined by the CDC.

If you are sick or feel ill prior to your scheduled appointment, please contact our office to reschedule your appointment for a later time.



PROTECT YOUR IMMUNE SYSTEM

While we continue to practice social distancing and the CDC's guidelines to keep our bodies protected from COVID-19, it's important that you also take steps to protect and boost your immune system. A few of my preferred practices are:

- Eat a clean, well balanced organic diet
- Take 1000mg of Vitamin C, 50mg of Zinc, and a good probiotic daily
- Stay active with at least 30 minutes of exercise daily
- Stay grounded through meditation and breath work



MOTHER'S DAY GIFTING

With Mother's Day right around the corner, we have several gifting suggestions we can recommend. From gift certificates to beauty gift baskets, our team is available to curate something special and unique for the special mother's in your lives. Contact us for a list of suggestions unique to your preferences. We are available to offer curbside pickup of these pre-purchased gifts during office hours.



VIRTUAL CONSULTATIONS



Dr. Salomon continues to offer surgical consultations via Zoom during normal office hours.

Click the link below to contact our office to schedule your complimentary consultation.

T. 305.270.1361

Hours: 9am - 6pm Monday through Friday